

IOF Global Patient Charter

Taking action for a world without fragility fractures

Osteoporosis is a major public health concern. It is an underlying cause of chronic pain, long-term disability and premature death. Yet the condition remains severely underdiagnosed and undertreated.

This must stop!

OUR CHARTER, OUR RIGHTS

Patients + families have the right to:

DIAGNOSIS:

Timely and accurate assessment of fracture risk, falls risk and diagnosis of osteoporosis

PATIENT CARE:

Access to effective intervention options (treatment, lifestyle changes) and to regular drug treatment review by an appropriate healthcare professional

PATIENT VOICE:

Involvement and choice in a long-term management plan with defined goals

SUPPORT:

Care and support from society and healthcare providers, to ensure active and independent living

Help drive improvement, and show your support:

PATIENTS: Speak to your healthcare professional to identify your risk, and take action for change **HEALTHCARE PROFESSIONALS:** Protect communities' bone health through appropriate assessment and treatment

POLICYMAKERS, HEALTH AUTHORITIES, AND NATIONAL GOVERNMENTS: Support the establishment of coordinated models of care (Fracture Liaison Services) to help reduce the global human and socioeconomic burden of fragility fractures

Show your commitment, sign the IOF Global Patient Charter at **www.iofglobalpatientcharter.org**

Your signatures will help raise the profile of this silent disease, to make fracture prevention a global health priority.

This Global Patient Charter has been endorsed by:

- Aktion Gesunde Knochen (Austria)
- Associação Brasileira Ortopédica de Osteometabolismo (Brazil)
- Association for Osteoporosis Prevention Romania (Romania)
- Associazione Italiana Pazienti BPCO Onlus (Italy)
- Austrian Society for Bone and Mineral Research (Austria)
- Belgium Bone Club (Belgium)
- Czech Society for Metabolic Bone Diseases (Czech Republic)
- Endocrinology and Metabolism Research Institute Tehran University of Medical Sciences (Iran)
- Federação Brasileira das Associações de Ginecologia e Obstetrícia (Brazil)
- Groupe de recherche et d'information sur les Osteoporoses (GRIO), (France)
- Fondazione Raffaella Becagli (Italy)
- Hispanic Foundation Of Osteoporosis And Metabolic Bone Diseases (Spain)
- Hungarian Osteoporosis Patient Association (Hungary)
- Indonesian Osteoporosis Association (Indonesia)
- Israel Foundation for Osteoporosis (Israel)
- Japan Osteoporosis Foundation (Japan)
- Japanese Osteoporosis Society (Japan)
- Jordanian Osteoporosis Prevention Society (Jordan)
- Kuwait Osteoporosis Society (Kuwait)
- Lebanese Osteoporosis Prevention Society (Lebanon)
- Macedonian Association for Applied Densitometry DXA (Macedonia)
- National Osteoporosis Society (UK)
- Osteology Academy Zlín (Czech Republic)
- Osteometabolic Brazilian Orthopaedic Association (Brazil)
- Osteoporosis Australia (Australia)
- Osteoporosis Awareness Society of Kuala Lumpur and Selangor (Malaysia)
- Osteoporosis Canada (Canada)
- Osteoporosis Patient Society of Turkey (Turkey)
- Palestinian Osteoporosis Prevention Society (Palestinian Territory)
- Polish Osteoarthrology Society (Poland)
- Russian Association on Osteoporosis (Russian Federation)
- Slovak Union against Osteoporosis (Slovakia)
- Sociedad Espanola de Investigaciones Osea y Metabolismo Mineral (Spain)
- Sociedad Española de Reumatología (Spain)
- Society for Osteoporosis in Federation of Bosnia and Herzegovina (Federation of Bosnia and Herzegovina)
- Syrian National Osteoporosis Society (Syrian Arab Republic)
- Turkish Osteoporosis Society (Turkey)
- Ukrainian Association of Osteoporosis (Ukraine)
- Verstand Osteoporosis Foundation (Cameroon)
- Fondation pour la Recherche sur l'Ostéoporose et les Maladies Osseuses Genève (Switzerland)
- Fundacion de Osteoporosis y Enfermedades Metabolicas Oseas (FOSEMO) (Panama)
- Butterfly Bone Health Society (Greece)
- The Taiwanese Osteoporosis Association (TOA) (Taiwan)
- The Finnish Osteoporosis Association (Finland)