The International Osteoporosis Foundation (IOF) is the largest and most highly respected global organization dedicated to the fight against osteoporosis and related musculoskeletal diseases. It is a registered not-for-profit, non-governmental organization based in Switzerland.

**Our mission and goals**

IOF’s mission is to promote the maintenance of bone, muscle and joint health as a worldwide priority. We work with our global constituency to:

- **motivate** people to take action to maintain musculoskeletal health and prevent, diagnose and treat bone, muscle and joint disorders
- **foster** education and training of physicians and allied health care professionals
- **advocate** for policy change so that musculoskeletal health and prevention, diagnosis and treatment becomes standard worldwide
- **promote** research, medical innovation and improved patient care
- **support** national societies so they can maximize their effectiveness in promoting musculoskeletal health
- **maintain** contacts with institutions or societies having similar objectives
An influential global alliance

IOF unites a powerful global constituency of patient societies, research and medical organizations, healthcare professionals and international companies. It has worldwide outreach and representation through its regional offices in Latin America (Buenos Aires), Middle East and Africa (Dubai), and Asia-Pacific (Singapore). IOF is also building a global community of individual members who lend their voice to the cause of bone, muscle and joint health.

Regional representation

IOF’s Board of Governance benefits from equal representation from each world region. In addition, three Regional Advisory Councils (RAC) support the efforts of national osteoporosis societies in their geography and determine programming priorities in line with IOF’s global strategy.

Partnering with like-minded organizations

To achieve synergies and extend its outreach, IOF works in cooperation with many related societies in the medical and health policy arena, including the Non-Communicable Diseases Alliance.

IOF’s membership committees:

- **Committee of National Societies (CNS)** representing 234 societies in 99 locations
- **Committee of Scientific Advisors (CSA)** comprising 140 members
- **Committee of Corporate Advisors (CCA)** representing 23 companies
Message from the President & CEO

IOF’s many programmes and initiatives centre on our mission to reduce the burden of musculoskeletal diseases and related fragility fractures, so that people around the world are able to lead pain-free, active, and independent lives in their senior years.

As we reflect on the productive and successful year described in this report, we would like to highlight just a few of the many important 2015 initiatives that contributed to this mission.

With its new membership in the Non Communicable Diseases Alliance (NCDA) Supporters Consultation Group, IOF has formally joined with other significant disease communities to address common risk factors for age-related diseases. Working as part of this powerful advocacy group, IOF will seek to accelerate political commitment from UN Member States so that NCDs, including bone, muscle and joint disorders, receive the resources and attention that they deserve.

IOF’s hallmark initiative Capture the Fracture® continues to flourish and grow. Now with the participation of more than 134 Fracture Liaison Services (FLS) worldwide, CTF increased its outreach to the healthcare community by offering a new series of live webinars and by making its Best Practice Framework accessible in 11 languages, with many more in the pipeline. A review also found that the Best Practice Framework is an effective benchmarking tool which helps to raise standards, reinforce international guidelines, and identify challenges common to FLS in different health-care systems.

The IOF led World Osteoporosis Day campaign once again was a driving force that extended global public and health professional outreach. Media reports reached an audience of more than 1 billion potential readers, with 164 events in 57 countries worldwide helping to raise awareness of musculoskeletal health and the role of bone-healthy nutrition throughout the life-course.

We are very proud of IOF’s commitment to scientific progress, integrity and accountability. IOF’s dynamic scientific working groups continued to make important contributions to clinical research and best practice through scientific papers and statements. Diabetes and bone was a central theme reflected in a review which urged early evaluation of fracture risk in people with diabetes and in a dedicated workshop at our regional meeting in Abu Dhabi. Sarcopenia and Skeletal Rare Diseases have also emerged as two more priority areas within our science work plan. As well, IOF scientific experts and staff responded rapidly to challenges arising from confusing media reporting on central issues such as the role of calcium and vitamin D in prevention, among others.

Our major annual event, the World Congress on Osteoporosis, Osteoarthritis and Musculoskeletal Diseases, held in Milan, was once again the largest in the field, with a first-rate scientific programme that attracted delegates from some 60 countries.

As we move forward on a positive financial and operational foundation, we anticipate that 2016 will be another fruitful year with many exciting projects and programmes in planning.
A united voice calling for global action

Chronic age-related musculoskeletal diseases are having a growing impact on populations worldwide. Millions of people in all regions of the world are affected by pain, disability, loss of independence and premature death due to fragility fractures. With its broad constituency of stakeholders, IOF calls on health authorities in all countries to prevent fragility fractures due to osteoporosis and to promote the maintenance of musculoskeletal health as a worldwide priority. The IOF community calls for action, urges:

- the public to take action for prevention, diagnosis and treatment
- healthcare authorities to make bone, muscle and joint disorders a health care priority
- healthcare professionals to provide the best possible patient care
The year in review: key achievements

January
- Highest ever number of abstracts submitted to WCO IOF-ESCEO Milan 2015
  pg 18
- Launch of new Calcium Calculator and App
  pg 11

February
- DO-HEALTH Meeting: study meets recruitment target, begins baseline assessment
  pg 15

March
- Osteoporosis Essentials: Densitometry, Diagnosis & Management Course, Milan
  pg 18
- Fracture Liaison Service (FLS) Model of Care Training Course
  pg 18
- WCO-IOF-ESCEO opens in Milan
  pg 18

April
- Milan WCO Congress highlights slide kit issued
  pg 17
- IOF joins Non-Communicable Disease Alliance Supporters Consultation Group
  pg 15
- First ever Capture the Fracture® webinar held
  pg 23
- IOF/ABRASSO Joint Symposium at BRADOO, Brazil
  pg 21

May

June

- ‘Serve up bone strength’ World Osteoporosis Day campaign launched
  pg 8
- IOF CSA Working Group: New taxonomy classifies rare genetic bone disorders by metabolic pathogenesis
  pg 16
- Capture the Fracture® review of Best Practice Framework published
  pg 23
- Announcement of higher impact factors for IOF journals
  pg 17
IOF Worldwide Conference of Osteoporosis Patient Societies in Athens pg 13
Joint IOF, JOS and KSO Session at the 17th Annual Meeting of Japan Osteoporosis Society pg 21
IOF Membership campaign prize draw announced pg 12

Progress in Osteoporosis 15th anniversary – Volume 15 published
IOF attends global NCD Alliance forum in Sharjah, UAE pg 15
IOF-ISCD Osteoporosis Essentials training course held in Beirut
IOF CSA Working Group: Mechanisms and Evaluation of Bone Fragility in Type 1 Diabetes Mellitus review published pg 16

July

14th Pediatric Bone Health Course held in Latin America: IOF LA training courses with increasing popularity pg 21

August

World Osteoporosis Day video issued pg 9

September

World Osteoporosis Day report ‘Life-course approach to nutrition’ published pg 6
World Osteoporosis Day, with more than 150 events held worldwide pg 10
IOF Research Skills Training Course, pilot. St. Petersburgh pg 21

October

November

IOF Regionals 3rd Middle East & Africa Osteoporosis Meeting, Abu Dhabi, UAE pg 20
IOF Young Investigator Mentoring Programme and Awards in Abu Dhabi pg 20
ASBMR Congress Highlights slide set published pg 17

December
World Osteoporosis Day 2015

World Osteoporosis Day (WOD), marked on October 20th each year, is a key date in the bone, muscle and joint community agenda. It’s an occasion when people around the globe unite to put the spotlight on the immense burden caused by osteoporosis and related diseases. Sparking activities by member societies and organizations in 57 countries, IOF’s World Osteoporosis Day campaign generated widespread media attention as well as public and health professional awareness in all regions of the world.

Serve up BONE STRENGTH
Hallmarks of a successful campaign

WOD 2015 focused on the importance of adopting a bone-healthy diet throughout life to optimize bone health and osteoporosis prevention.

Resources included a campaign toolkit, a video, posters, an educational brochure, expert report, three fact sheets and an infographic. WOD messages and resources were accessible on the dedicated multi-lingual, mobile-friendly WOD website, enhanced by wide use of social media. IOF member societies from more than 90 countries were invited to use the IOF artwork, available in 9 languages, for their own national campaigns around the world.

Dedicated website and a wide range of resources

Expert report: a valuable educational and advocacy tool

A detailed report highlighting the role that nutrition plays in the development and maintenance of a healthy skeleton throughout the life-course was authored by leading IOF bone experts. It addresses the public health challenges associated with insufficient intake of nutrients crucial to musculoskeletal health, including during pregnancy. The report is an informative resource for government representatives, health care professionals, policy makers and the media, highlighting the urgent need to take action for prevention. An accompanying review paper ‘Life course approach to nutrition’ was also published in Osteoporosis International.
Extensive media and public awareness campaign

As well as issuing four WOD related online press releases, IOF made extensive use of social media channels including Facebook, Twitter, Instagram, Pinterest and YouTube to present WOD messages and resources. Extensive media outreach efforts resulted in:

- 53% increase in WOD website views
- 757+ online and print articles generated from IOF press releases alone
- Close to 1 billion media outlets reached in 46 countries

Community events and local campaigns worldwide

IOF’s global WOD campaign is accompanied by community events and local campaigns at the national level in all regions of the world. Member patient and medical societies, hospitals, clinics, schools and companies worldwide carried out varied events, many of which were featured in the World Osteoporosis Day website. Through IOF and community efforts, millions of consumers, patients, health professionals and policy makers received important prevention messages. A total of 164 WOD events in 57 countries were reported on the WOD website – an increase of 118% and 43% respectively, compared to 2014.

Yaroslavl, Russia

Lahore, Pakistan

St. Petersburg, Russia

Tehran, Iran
Launch of new IOF Calcium Calculator

With its dynamic new design and format, the IOF calcium calculator was launched as an App and interactive tool on the IOF website in English, French, Greek, Italian, Portuguese, Spanish and Turkish. In cooperation with national societies IOF is planning to make the calculator available in many more languages in the future. Unique features include links to IOF bone healthy recipes and to a listing of calcium-content in common foods.

More than 28,901 people used the web calculator by year’s end, with some 3,292 Apps downloaded.

WOD survey reveals low calcium intake

A survey of IOF’s calcium-calculator inputs, based on 6,908 users from 83 countries, showed that 89% of users aren’t getting enough calcium, a key nutrient for good bone health. Men and women (89% vs 90% respectively) had almost equal percentages of low intake, based on IOM recommendations.
Growing & strengthening the global community

In 2015 IOF’s membership base continued to grow, increasingly reflecting the broader musculoskeletal field and underlining the importance of cooperation and synergy among organizations and disease areas that share common prevention strategies. IOF also made a concerted effort to grow its lay membership base and recognized the important contribution of its member societies with a new Committee of National Societies (CNS) award.

Interest in IOF membership has grown and the scope of its CNS membership now increasingly reflects the broader scope of chronic musculoskeletal diseases. In 2015 the CNS gained three new members societies including the Iraqi League for Bone & Joint Health, the Macedonian Applied Densitometry Association-DXA, and the Kosovo Rheumatologic Society.

The CNS numbers 234 societies from 99 countries, regions or territories, a 20% increase since 2010.

Member societies highlight their work at the CNS village

Ten CNS societies took advantage of the opportunity to present their society’s work to delegates and potential sponsors at WCO-IOF-ESCEO Milan 2015. It was a great networking opportunity that will be made available at future World Congresses.

CNS Medal awarded in Milan

The CNS Medal recognizes an individual who has made an important contribution to the cause of osteoporosis prevention through active participation in CNS activities and by expanding IOF’s messages and outreach in his or her country. In 2015 IOF was pleased to present the award to Dr. Manju Chandran, Director of the Osteoporosis and Bone Metabolism Unit at Singapore General Hospital.

A growing individual membership base

Following the launch of IOF’s Million+1 membership campaign in 2014, IOF continues to grow its global community of concerned individuals in support of bone health. As a result of targeted promotion, including a membership competition, IOF individual membership grew by 38% in 2015.
Supporting the work of patient societies worldwide

More than 120 participants from 39 countries gathered in Athens, Greece for the 15th IOF Worldwide Conference of Osteoporosis Patient Societies (IOF-WWC), held in cooperation with the Butterfly Bone Health Society. The only meeting of its kind, the bi-annual IOF-WWC gives patient advocates the opportunity to network, learn and share best practices through interactive workshops, expert presentations and keynote lectures. In Athens, topics addressed a wide range of themes including new scientific developments, exercise, nutrition, fundraising, campaign development, and social media. A fun new feature in 2015 was ‘Business Speed Dating’ where participants each had three minutes to question or challenge the speakers and to meet one-on-one with potential sponsors.

Among the VIPs in attendance were actress Yvonni Maltezou and celebrity chef Niki Merkouri who cooked bone-friendly recipes for delegates during the conference.
Awards recognize outstanding and creative work by CNS

The prestigious IOF-Linda Edwards Memorial Award, which provides a valuable grant of CHF 20,000, was awarded to the Hungarian Osteoporosis Patient Association (HOPA) for its project ‘Don’t Fall, Don’t Break’. HOPA is an exemplary society with a long history of effective and creative projects in advocacy as well as health professional and public education.

OSTEORUS, in cooperation with the Russian Osteoporosis Association (RAOP), was awarded Best World Osteoporosis Day Campaign. It was one of many excellent campaigns which, thanks to the creativity and the hard work of dedicated volunteers, succeeded in extending the bone health message to the wider community.

HOPA wins IOF-Linda Edwards Memorial Award  
OSTEORUS awarded Best WOD campaign

“...It was quite a shock when, during this period of recuperation, three more vertebral fractures occurred. The second incident was really very severe. I couldn’t even get out of a chair.

Giovanni Furnò, age 68, Italy
Driving the policy agenda

A 2015 review of IOF’s policy programme has directed the IOF strategy towards key advocacy goals that include:

- Gaining global visibility for musculoskeletal diseases worldwide by positioning musculoskeletal disorders alongside the major non-communicable diseases (NCDs)
- Prioritizing secondary fracture prevention, including through an increase in the number of Fracture Liaison Services implemented globally
- Gaining equitable access to diagnosis, treatment and reimbursement; in the European Union (EU) IOF will continue to work towards this goal by building on the momentum generated by key policy actions and publications of previous years.

Committee of National Societies European Meeting

On March 26 IOF European members met during the IOF business meetings to discuss the way forward in European advocacy, to present member projects and to propose ways in which to promote fracture liaison services. It was noted that European Parliament priorities are now shifting to address chronic diseases and active ageing in its senior populations.

IOF is the first non-major NCD in the NCD Alliance Supporters Group

In January 2015 IOF joined the Non-Communicable Diseases (NCD) Alliance Supporters Group as the first non-major NCD. The NCD Alliance, a network of 2,000 organizations in 170 countries, works closely with WHO and the UN. It successfully mobilized its networks and pushed for a UN Summit on NCDs, which was secured in 2011. Among other benefits, IOF’s involvement with the NCD Alliance will help increase visibility of bone, muscle and joint diseases within the global health and development community and will open doors to WHO/UN meetings. Over the course of the year NCD Alliance Executive Director Katie Dain presented at the IOF-WWC in Athens, while IOF CEO Judy Stenmark attended the Global NCDA Forum in Sharjah, UAE. In December, CSA member David Kendler spoke at the NCD Café at the World Diabetes Congress in Vancouver.

DO-HEALTH meets recruitment milestone

As a partner in Europe’s largest healthy ageing and longevity trial, IOF attended the February 24th DO-HEALTH meeting in Zurich with Prof. John Kanis as invited speaker. Recruitment centers achieved their target recruitment, including the ratio of 40% seniors with a fall history versus 60% non-fallers. Analysis of the first baseline data could begin.

Collaboration and dialogue with the World Health Organization

Ageing populations will be a focus area for the WHO in 2016. In order to maintain a continued dialogue with relevant WHO units and to establish a working relationship on an informal basis, various IOF experts and staff met with WHO representatives in June and September. IOF input into the public consultation on WHO Global Strategy and Action Plan on Ageing and Health, and Capture the Fracture® was presented at a WHO Meeting in Japan.
Advancing science and best clinical practice

IOF’s Committee of Scientific Advisors (CSA) Working Groups formulate global policy guidance, scientific guidelines and statements to update IOF positions, and develop educational and research projects of international relevance. Currently there are 13 working groups focused on a wide range of topics within the field.

The two new groups established in 2015 were:

- **Hip Bone Strength as a Therapeutic Target Working Group**, co-chaired by S Ferrari and ML Bouxsein. The focus of this Working Group is to investigate whether surrogate endpoints for anti-fracture efficacy of treatments in osteoporosis can be developed.

- **Latin America Chronic Inflammation and Bone Structure (CIBS) Working Group**. This is the first regional working group, co-chaired by OD Messina and C Zerbini. It’s focus is to review the impact of inflammation and treatments on bone health and to produce recommendations on the role of different treatments, including biological agents.

In 2015, IOF CSA Working Groups or affiliated scientific experts published the following papers:


- **Life-course approach to nutrition.** Mitchell PJ, Cooper C, Dawson-Hughes B, Gordon CM, Rizzoli R. Osteoporos Int. (2015);26(12):2723-42

More than five Working Group papers are in the pipeline and planned for 2016 submission or publication. These include reviews or position papers on fracture healing, bone marrow transplant and bone loss, clinical challenges in the management of osteoporotic patients with type 2 diabetes, and bone marker use in compliance and adherence, among others.
Committee of Scientific Advisors with record number of members

- Jürgen Bauer, Germany
- César Bogado, Argentina
- Bruno Muzzi Camargos, Brazil
- John Carey, Ireland
- Alfonso Cruz-Jentoft, Spain
- Shigeyuki Muraki, Japan
- Julien Paccou, France
- Daniel Prieto-Alhambra, UK
- José Zanchetta, Argentina

IOF scientific journals with impact

IOF’s scientific journals include the peer-reviewed publications *Osteoporosis International*, *Calcified Tissue International & Musculoskeletal Research*, and *Archives of Osteoporosis*.

Congratulations to Progress in Osteoporosis! IOF’s online review journal which provides incisive reviews of the latest notable literature in the field published its 15th volume in 2015. This unique resource, edited by Prof. Ego Seeman, has built a large and loyal readership.

Congress slide kits make important clinical research widely accessible

Congress Highlights slide kits were prepared by IOF to showcase key research findings presented at the WCO-IOF-ESCEO Milan 2015 and ASBMR 2015, the Meeting of the American Society of Bone & Mineral Research.

The research was reviewed by international experts who give their personal perspective and highlight the clinical impact of the research in succinct slide format. Video commentaries by the reviewers enhance the educational value of these freely accessible resources. More than 1,856 slide sets were downloaded by health professionals worldwide.

Real people, real stories

“ When I tell people about osteoporosis they don’t always believe it’s so bad. I have pain in my back, in my arms and in my legs. I was 1,63 m and now I’m only 1,55 m tall.

Jacqueline Koutivas, age 64, Greece
Furthering clinical research, health professional education and training

World Congress on Osteoporosis, Osteoarthritis & Musculoskeletal Diseases

This landmark annual event, the largest bone, muscle and joint congress in the world, was held in Milan, Italy from March 26-29, 2015. It attracted more than 3200 delegates from some 90 countries. The Congress reflects the growing importance of a multidisciplinary approach and world-wide collaboration in research and education in the fight against musculoskeletal diseases. In addition to new research presented in eight plenary lectures, 50 oral communications, and 850 abstracts, the Congress also featured 12 clinically oriented workshops and 16 topical sessions and symposia with focus on clinical care.

Eleven press releases to promote the congress and research findings resulted in the publication of 115 articles in health and consumer news sites with a potential audience reach of 357 million readers.

PRE-CONGRESS TRAINING COURSES

On March 26, prior to the opening of WCO-IOF-ESCEO 2015, IOF organized two training courses. The Fracture Liaison Service (FLS) Model of Care Training Course was held as a joint course by IOF, NBHA and NOF. Key learnings included how to become an FLS coordinator, start an FLS programme, and improve existing FLS. A two-day Osteoporosis Essentials: Densitometry, Diagnosis & Management Course was also held. This flagship course, a joint IOF-ISCD initiative, taught the latest techniques and knowledge on densitometry and the physiology, epidemiology, diagnosis, treatment and management of osteoporosis.

Real people, real stories

“" I break easily, in fact, I can break a rib after only a minor bump. I’ve broken my ribs several times and so I do pay attention to this problem - but otherwise I lead a normal life.

Maria Grazia Pisu, age 62, Italy
Awards recognize outstanding achievements

Every year IOF honours individuals for their outstanding work and achievements through the following awards, which were presented at the WCO-IOF-ESCEO 20015 in Milan:

**IOF President’s Award**
This award (formerly the Pierre Delmas Award) recognizes individuals in different regions of the world who have advanced the work of IOF and contributed to osteoporosis awareness and education. The winners, shown below with their respective IOF or IOF member society affiliations, were:

- **ASIA-PACIFIC** – Prof. Liu Zhonghou, Committee of China Gerontological Society
- **EASTERN EUROPE** – Prof. Edward Czerwinski, Polish Osteoarthrology Society
- **SOUTHERN EUROPE** – Dr Sansin Tüzün, Osteoporosis Patient Society of Turkey
- **WESTERN EUROPE** – Prof. Marius Kraenzlin, Swiss Society against Osteoporosis, IOF CSA member
- **MIDDLE EAST & AFRICA** - Dr Gemma Adib, Syrian National Osteoporosis Society (SYNOS), Pan Arab Osteoporosis Society (PAOS), IOF Board Member, IOF Regional Advisory Council Chair
- **LATIN AMERICA** – Dr Cristiano Zerbini, Brazilian Society of Osteoporosis (SOBRAO); IOF Board Member, IOF Regional Advisory Council
- **NORTH AMERICA** – Dr Michael McClung, IOF Committee of Scientific Advisors

**Olof Johnell Science Award**

Prof. Roger A. Fielding (USA) was named winner of this prestigious Award which honours extraordinary and internationally recognized contributions in the field of osteoporosis in a scientific or policy implementation area.

**ESCEO-IOF Servier Pierre D Delmas Prize**

Prof. Jean-Yves Reginster (Belgium) was the winner of this Award which is presented in recognition of outstanding research which has made major scientific contributions to the study of bone and mineral diseases.

**IOF Medal of Achievement**

This Award, presented to IOF CEO Judy Stenmark on behalf of the IOF Board, honours an individual who has contributed to IOF’s mission, first and foremost by helping to increase global understanding and awareness of osteoporosis and by promoting improved patient care.
Clinicians and researchers from more than 56 countries participated at this key event, held in cooperation with the Emirates Osteoporosis Society, from December 5-7, 2015 in Abu Dhabi, UAE. As the premier regional event in the field, the CME-accredited Meeting featured more than 60 sessions, with a wide range of educational lectures and workshops. At the opening of the Congress the delegates were welcomed by Honorary Guest Speaker, Dr Mugheer Al Khaili, Chairman of Abu Dhabi Health Authority.

**BONE AND DIABETES WORKSHOP**

The IOF Regionals kicked off with a dedicated workshop on bone and diabetes. The relationship between diabetes and osteoporosis has, until recently, suffered from a general lack of attention and research, and the topic is of special concern in the region, where diabetes is highly prevalent. IOF was honoured to have Dr Maha Taysir Barakat, Director General of the Health Authority of Abu Dhabi, chairing and speaking at the Workshop.

**IOF YOUNG INVESTIGATORS AWARDS AND MENTORING PROGRAMME**

At the Abu Dhabi meeting young researchers from five different countries received prestigious awards in recognition of their outstanding abstracts. The investigators, aged 40 years or younger, were awarded 1000 USD, a certificate, and the opportunity to present their research at a high profile oral communications session. They were also invited to participate in a unique mentoring workshop led by world renowned experts.
Joint IOF sessions

Special IOF joint sessions were held at the following meetings:

- ISCD meeting, Chicago, USA 26-28 Feb 2015 C Cooper: Capture the Fracture: steps to implement a FLS
- 6º Congresso Brasileiro de Densitometria, Osteoporose e Osteometabolismo (BRADOO) in association with ABRASSO, Curitiba, Brazil, 18-20 April 2015: IOF speakers included C. Zerbini, M. McClung, S. Ferrari.
- 17th Annual Meeting Japan Osteoporosis Society (JOS): A one-day joint IOF- JOS-Korea Society for Osteoporosis (KSO) session held in Hiroshima, Japan, 18 September 2015. IOF speakers included J. Kanis, A. Mithal, T Matsumoto, and C. Cooper.

IOF Research Skills Training Course

This pilot course, which aims to promote research excellence among young investigators, was held in St Petersburg, Russia from October 22-23, 2015. The course was co-organized with Prof. Olga Lesnyak and the Russian Association of Osteoporosis. IOF faculty included Professors Cyrus Cooper, Olivier Bruyère, Jean-Yves Reginster and Eugene McCloskey. With excellent feedback received from both participants and faculty alike, the course is a potential blueprint for future training courses.

Latin America spotlight

An active and highly dedicated Regional Advisory Council have worked with regional IOF staff to improve existing programmes and develop new ones in the region. As a result IOF Latin America (IOF LA) educational programmes are consistently highly rated by attendees. In 2015 IOF LA organized a total of 14 educational programmes and held scientific and educational activities in seven different countries, training more than 1220 medical professionals. The Latin America Chronic Inflammation and Bone Structure (CIBS) Working Group was established as the first regional CSA working group. As well as Women Leader Roundtables in Mexico, a broad World Osteoporosis Day campaign included health professional and public outreach via radio, TV, digital and print media.

IOF LA organized the following training courses and educational sessions:

- 11th Advanced Training Course in Osteoporosis, Bogotá, March 19-20
- IOF Symposia (CTF and FRAX) at BRADOO, Curitiba, April 18
- Two sessions (FRAX and physiotherapy) at FESGO Congress, Ecuador, May 15
- 14th and 15th IOF LA Pediatric Bone Health Course, Mexico City, July 17 & October 20
- IOF Tour – Updates in Osteoporosis, Rio di Janeiro, November 24
Capture the Fracture® with greater community outreach

Currently the vast majority of fracture patients remain undiagnosed and untreated despite being at high risk of secondary fracture. Fracture Liaison Services (FLS) are a proven way for health-care systems to stop the fragility fracture cycle in these high risk patients. In an effort to promote FLS and clinical best practice in secondary fracture prevention, IOF launched the Capture the Fracture® (CTF) programme in 2012. This global IOF-led multi-stakeholder programme is hosted on the dedicated website: www.capturethefracture.org. The programme seeks to illustrate global best practice for FLS, provide useful resources and establish proven benchmarks to which clinics and hospitals can aspire. It is also the only platform which gives international visibility and recognition to FLS around the world.

Below are highlights of CTF’s successful programme of activities in 2015.

Expanding the Best Practice Recognition Programme

CTF’s Map of Best Practice is a central pillar of the CTF programme. Since 2014 Capture the Fracture has graded FLS submitted for inclusion on the Map, providing a CTF Seal of Recognition which reflects the level of excellence obtained by the individual FLS (gold, silver or bronze). By the end of 2015:

- A total of 134 FLS sites from a total of 28 countries were showcased on the Map of Best Practice. Three new countries represented in 2015 were Germany, Poland and Russia.
- 31 new FLS signed up in 2015, with the highest number of new FLS from Spain.
- Of all the assessed FLS to date, 38% have received gold, 43% silver and 19% bronze recognition.
Real people, real stories

“I am very careful how I step out of a vehicle, or step out of a bus or anything like that, because I know that fractures can be very serious and very painful.

Jerry Corcoran, age 61, Canada

CTF webinars and scientific communications extend outreach

For the first time, CTF hosted four educational webinars. The webinars, attracting close to 500 registrants, covered the following topics:

• Get Involved in Secondary Fracture Prevention: Join the Capture the Fracture® programme
• Step-by-step Guide for Implementing a Successful FLS
• Get Mapped: How to Get Best Practice Recognition for Your FLS
• FLS champions: Global Success Stories

In addition, the CTF programme was highlighted at a number of congresses in more than 10 countries through oral presentations, posters, seminars and special communications. CTF was presented at meetings of the ECTS, ISCD, JOS, and EFFORT, among others.

Best Practice Framework (BPF) translated into nine languages

The 2013 CSA-endorsed publication Capture the Fracture®: A Best Practice Framework (BPF) and Global Campaign to Break the Fragility Fracture Cycle set 13 achievable or aspirational standards for best practice in implementing FLS worldwide. The guidelines are available in easy-to-use brochure format in nine languages, including five of the most spoken languages in the world.

The FLS questionnaire was also translated into three languages with a total of 6 languages expected by the end of 2016.

New scientific paper shows BPF is a valuable benchmarking tool

A study evaluated the first 60 FLS submitted to CTF, finding that the CTF Best Practice Framework (BPF) helps raise standards, reinforce international guidelines, and identify challenges common to FLS in different healthcare systems. The review ‘Effective secondary fracture prevention: implementation of a global benchmarking of clinical quality using the IOF Capture the Fracture® Best Practice Framework tool’ was published in Osteoporosis International.

Close to 70% increase in CTF website visitors

Work began to update the CTF website which is now more user-friendly and includes new features such as a fresh look for the home page, a ‘get mapped’ tab to quick links, prominently displayed Map of Best Practice, additional ‘behind the star’ information for each FLS, and a news section.

The number of visitors to the CTF website increased by 69% with a great number of visitors arriving to the website via google searches – where ‘Fracture Liaison Services’ queries lead to the CTF website.
IOF’s Global Constituency grows & expands its regional outreach

The Committee of National Societies (CNS) comprises patient and medical societies dedicated to osteoporosis and musculoskeletal health. In 2015 the CNS reached a benchmark of 234 member societies from 99 countries, regions or territories across all continents.

The Committee of Scientific Advisors (CSA) comprises 140 of the world’s top research and clinical experts, elected to the committee by their peers on the basis of scientific merit and experience. The CSA ensures that IOF has an influential and important global reach in the science and medical arena.

The Committee of Corporate Advisors (CCA) represents 23 companies from diverse areas of activity, including leading companies in pharmaceuticals, medical diagnostics, consumer products, food and nutrition.
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CNS Chair Jean-Yves Reginster
Committee of National Societies (CNS) by region

**ASIA-PACIFIC**
- **AUSTRALIA** Osteoporosis Australia • Australian and New Zealand Bone & Mineral Society
- **CHINA** China Health Promotion Foundation (CHPF) • Osteoporosis Committee of China Gerontological Society
- **CHINESE TAIPEI** Asian Pacific Osteoporosis Foundation (APOF) • Taiwanese Osteoporosis Association
- **HONG KONG-CHINA** Hong Kong Osteoporosis Foundation • Hong Kong Society of Osteoporosis & Metabolic Bone Diseases
- **INDIA** Arthritis Foundation of India Trust (AFI) • Indian Menopause Society • Indian Rheumatology Association • Osteoporosis Foundation India (OFS) • Osteoporosis Society of India (OSI) • Japanese Society for Bone and Mineral Research (JISMR)
- **INDONESIA** Indonesian Healthy Bone Foundation (PERWATU) • Indonesian Osteoporosis Society (PERSO) • Indonesian Society of Gerontology
- **JAPAN** Japanese Osteoporosis Foundation (JOF) • Japan Osteoporosis Society (JOS) • Japanese Society for Bone and Mineral Research (JISMR)
- **KOREA** Korean Society for Bone and Mineral Research (KBSMR) • Korean Society of Osteoporosis
- **MALAYSIA** Malaysian Osteoporosis Society • Osteoporosis Awareness Society of Kuala Lumpur
- **NEW ZEALAND** Osteoporosis New Zealand Inc.
- **PAKISTAN** Gujranwala Osteoporosis Patient Society • Osteoporosis Society of Pakistan • Pakistan Society for the Rehabilitation of the Disabled
- **PHILIPPINES** Osteoporosis Society of the Philippines Foundation Inc.
- **SINGAPORE** Endocrine and Metabolic Society of Singapore • Osteoporosis Society (Singapore)
- **SRI LANKA** Osteoporosis Society of Sri Lanka
- **THAILAND** Thai Osteoporosis Foundation (TOF)
- **VIETNAM** Vietnam Rheumatology Association (VRA)

**EUROPE**
- **ARMENIA** Armenian Osteoporosis Association
- **AUSTRIA** Austrian Menopause Society • Austrian Society for Bone & Mineral Research (AUSBMR) • Action for Healthy Bones • Dachverband deutschsprachiger Osteoporose Selbsthilfeverbände und osteoporosebezogene Osteoporose Organisationen e.V. (DIDP) • European Union Geriatric Medicine (EUGMS) • National Osteoporosis Patient Society Austria
- **BELARUS** Belarusian Public Association “Osteoporosis Together” • Woman and Family
- **BELGIUM** Belgium Bone Club • Royal Belgian Rheumatism Society • European Society for Clinical And Economic Aspects Of Osteoporosis And Osteoarthritis (ESCEO)
- **BOSNIA-HERZEGOVINA** Society for Osteoporosis in Federation Bosnia-Herzegovina
- **BULGARIA** Association Women Without Osteoporosis • Bulgarian League for the Prevention of Osteoporosis (BLPO) • Bulgarian Medical Society of Osteoporosis And Arthritis • Bulgarian Society for Clinical Densitometry
- **CROATIA** Croatian League Against Rheumatism • Croatian Osteoporosis Society
- **CYPRUS** Cyprus Society Against Osteoporosis & Myoskeletal Diseases • Cyprus Society for Osteoporosis
- **CENTRAL EUROPE** Central European Osteoporosis League
- **DENMARK** Danish Bone Society • National Osteoporosis Foundation Denmark
- **ESTONIA** Estonian Osteoporosis Society
- **FINLAND** Finnish Bone Society • Finnish Osteoporosis Association of Finland
- **FRANCE** Association des Femmes contre l’Osteoporose (AFCO) • Femmes pour toujours • French League Against Rheumatism (FLARR) • French Society for Clinical Densitometry (S.O.F.O.C.) • French Society of Orthopaedic and Trauma Surgery (SOFCOT) • Research and Information Group On Osteoporosis (GRIO)
- **GERMANY** Committee For Healthy Bones • Deutsche Gesellschaft Fur Osteologie • German Society For Endocrinology • German Society For Osteoporose E.V. • Orthopädische Gesellschaft Für Osteologie (OGSO) • Osteoporose Selbsthilfegruppen Dachverband E.V (OSD) • Umbrella Organisation Of German Speaking Scientific Societies Of Osteology
- **GEOGRAPHIC ASSOCIATION OF SKELETAL METABOLISM AND DISEASES • National Association of Osteoporosis • GREECE** Hellenic Endocrine Society - Panhellenic Association of Endocrinologists • Hellenic Foundation of Osteoporosis • Hellenic Society for the Study of Bone Metabolism • Hellenic Society of Osteoporosis Patient Support
- **HUNGARY** Hungarian Osteoporosis Patients Association (HOPA) • Hungarian Society for Osteoporosis and Osteoarthritis
- **ICELAND** Icelandic Osteoporosis Society (BEINVERND)
- **IRELAND** Irish Osteoporosis Society (IOS)
- **ISRAEL** Israel Society On Calcified Tissue Research • Metabolic Diseases • Israeli Foundation For Osteoporosis & Bone Diseases (IFOB)
- **ITALY** European Women - Housewives Federation • Fondazione Raffaella Becagli (F.R.B.) • International Society for Fracture Repair (ISFR) • Italian Association of Osteoporosis Patients • Italian COPD Patient Association • Italian Federation of Osteoporosis and Diseases of the Skeleton (FIDEM) • Italian Foundation for Research on Osteoporosis & Musculoskeletal Diseases (FIROMMS) • Italian Osteoporosis League (ILOS) • Italian Society For Osteoporosis Minerial Metabolism & Skeletal Diseases (ISOMMS) • Italian Society of Rheumatology (SIR) • ORTOMED • Osteoporosis Italian Association • Osteo Stop: Mediterranean Society for Osteoporosis & Other Skeletal Diseases (MOSOD)
- **KOSOVO** Kosova Rheumatologic Society
- **KAZAKHSTAN** Doctor’s Association on Osteoporosis
- **LATVIA** Latvia Osteoporosis Patient and Invalid Association • Latvian Osteoporosis & Bone Metabolism Diseases Association
- **LITHUANIA** Lithuanian Association of Metabolic Bone Diseases Incorporated in Lithuanian Endocrine Society • Lithuanian Osteoporosis Foundation
- **LUXEMBOURG** Association Luxembourgeoise d’Etude du Metabolisme Osseux et de L’Osteoporose (AMELO)
- **MACEDONIA** Macedonian Applied Biostatistics Association (DIAX) • Macedonian Osteoporosis Association
- **MALTA** Malta Osteoporosis Society
- **MOLDOVA** Association Against Osteoporosis of the republic of Moldova “OLUMP” • Association Of Prophylaxis of Osteoporos from Moldova
- **THE NETHERLANDS** Dutch Osteoporosis Foundation • Osteoporosis Vereeniging
- **NORWAY** Norwegian Osteoporosis Society
- **POLAND** Healthy Bone Enthusiasts Society (STENKO) • Multidisciplinary Osteoporotic Forum • Polish Foundation Of Osteoporosis • Polish Osteoarthritis Society
- **PORTUGAL** National Association against Osteoporosis (APOROS) • Portuguese Osteoporosis Association (APO) • Portuguese Society Of Osteoporosis And Other Metabolic Bone Diseases (PESOMD)
- **ROMANIA** Association for Prevention of Osteoporosis in Romania (ASPOR) • Romanian Foundation Of Osteoarthritis (OSART) • Romanian Society Of Osteoporosis & Musculoskeletal Diseases • Romanian Society of Rheumatology
- **RUSSIA** OSTEORUS • Russian Association on Osteoporosis
- **SERBIA** Association of Sports Traumatology & Arthroscopic of Serbia (ASTAS) • Serbia Osteoporosis Society
- **SLOVAKIA** Slovak Society Osteoporosis & Metabolic Bone Diseases • Slovak Union Against Osteoporosis
- **SLOVENIA** Slovene Bone Society • Slovene Osteoporosis Patients Society
- **SPAIN** Hispanic Foundation of Osteoporosis and Metabolic Bone Diseases (FHOEMO) • Spanish Association Against Osteoporosis (AFCEO) • Spanish Orthopaedic and Traumatology Society (SEOCOT) • Spanish Society for Research on Bone & Mineral Metabolism (SEIOMM) • Spanish Society For Rheumatology • Spanish Society of Osteoporotic Fractures
- **SWEDEN** Swedish Osteoporosis Patient Society (ROP) • Swedish Osteoporosis Society • Swedish Rheumatism Association • 1.1 Million Club
- **SWITZERLAND** European Menopause & Andropause Society • Osteosseus • Swiss Association Against Osteoporosis
- **TURKEY** Osteoporosis Patient Society of Turkey • Rheumatism Society • Society of Endocrinology & Metabolism of Turkey (SEM) • Society Of Life With Osteoporosis (SLO) • Turkish Joint Diseases Foundation • Turkish Osteoporosis Society
- **UKRAINE** Ukranian Association on Osteoporosis
- **UNITED KINGDOM** Bone Research Society • European Calcified Tissue Society (ECTS) • European Union Geriatric Medicine Society (EUGMS) • Mediterranean Society for Osteoporosis & Other Skeletal Diseases (MSOD) • National Osteoporosis Society (NOS) • World Confederation for Physical Therapy
- **UGANDA** British Association of Osteoporosis & Musculoskeletal Diseases (BACHEM)
- **VIETNAM** Vietnam Rheumatology Association (VRA)

**LATIN AMERICA**
- **ARGENTINA** Argentine Association of Osteology & Mineral Metabolism (AAOMMM) • Argentine Society of Osteoporosis (SAD) • Ibero-American College of Rheumatology (CIAR)
- **BOLIVIA** Bolivian Association of Osteoporosis and Mineral Metabolism (ABOMM)
- **BRAZIL** Brazilian Association of Bone Assessment & Metabolism (ABRASSO) • Brazilian Federation of Gynecology and Obstetrics Associations (FEBRASGO) • Brazilian Osteoporosis Patients Society (SOBRAPCO) • Brazilian Society of Rheumatology • National Federation of Osteoporosis Patients Associations (FENAPOC) • OsteoMetabolic Brazilian Orthopaedic Association (ABOMD)
- **CHILE** Chilean Osteoporosis Foundation (FUNDOPI) • Chilean-Society of Osteology and Mineral Metabolism (SOCIOMM)
- **COLOMBIA** Asociacion Colombiana de Endocrinologia • Asociacion Colombiana de Osteologia y Metabolismo Mineral (ACOMIM) • Colombian Osteoporosis Foundation • Liga Colombiana de Lucha contra la Osteoporosis • Osteoporosis National Foundation
- **COSTA RICA** Costarican Association of Climacteric, Menopause & Osteoporosis (ACCMYO) • Costarican Society of Osteoporosis and Arthroscopic of Serbia (ASTAS) • Serb• Association Against Osteoporosis
- **DOMINICAN REPUBLIC** Dominican Menopause & Osteoporosis Society (DOMOSS) • Dominican Society of Osteoporosis and Arthritis (SOCOMA) • Dominican Osteoporosis Foundation
- **CUBA** Cuban Society of Rheumatology
- **DOMINICAN REPUBLIC** Dominican Menopause & Osteoporosis Society (DOMOSS) • Dominican Osteoporosis, Menopause & Metabolic Disease Foundation (DOMEDO) • Dominican Society of Osteoporosis and Arthritis (SOCOMA) • Dominican Osteoporosis Foundation
- **CUBA** Cuban Society of Rheumatology
- **DOMINICAN REPUBLIC** Dominican Menopause & Osteoporosis Society (DOMOSS) • Dominican Osteoporosis, Menopause & Metabolic Disease Foundation (DOMEDO) • Dominican Society of Osteoporosis and Arthritis (SOCOMA) • Dominican Osteoporosis Foundation
- **Ecuador** FOMAT Medical Research • Sociedad Ecuatoriana de Metabolismo Mineral (SEIOMM) • Sociedad de Osteoporosis & Other Skeletal Diseases (MSOD) • National Osteoporosis Society (NOS) • World Confederation for Physical Therapy
- **GUATEMALA** Guatemalan Menopause & Osteoporosis (ACCMYO) • Costarican Association of Climacteric, Menopause & Osteoporosis (ACCMYO) • Costarican Society of Osteoporosis and Arthroscopic of Serbia (ASTAS) • Serbian Association Against Osteoporosis
- **MEXICO** Mexican Association Against Osteoporosis, S.C. • Mexican Association of Bone & Mineral Metabolism (AMMOM) • Mexican Committee For The Prevention of Osteoporosis (COPDM)

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Committee of National Societies (CNS) by region

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Manuel Diaz-Curiel (Spain)
Cameroon West and Osteoporosis Foundation
CONGO Congolese Osteoporosis Society
EGYPT Egyptian Osteoporosis Prevention Society

**IRAN** Endocrinology and Metabolism Research Institute (EMRI)
IRAQ Iraqi League for Bone & Joint Health • Iraqi Osteoporotic Prevention Society (IOPS)
JORDAN Jordanian Osteoporosis Prevention Society (JOPS) • Jordanian Physicians Osteoporosis Society (JOPS)
KENYA Osteoporosis Prevention & Age Concern
KUWAIT Kuwait Osteoporosis Prevention Society
LEBANON Lebanese Osteoporosis Society • Lebanese Rheumatology Association • Lebanese Society of Osteoporosis and Metabolic Bone Disorders (OSTEOS)
LIBYA Libyan Osteoporosis Society
MOROCCO Moroccan Society for Rheumatology
PALESTINE Palestinian Osteoporosis Prevention Society (POPS)
SAUDI ARABIA Pan Arab Osteoporosis Society • Saudi Osteoporosis Society

**SOUTH AFRICA** National Osteoporosis Foundation of South Africa
SYRIA Syrian National Osteoporosis Society (SYNOS)
TUNISIA Tunisian Osteoporosis Prevention Society
UNITED ARAB EMIRATES Emirates Osteoporosis Society

**NORTH AMERICA**

CANADA Osteoporosis Canada • SIGMA Canadian Menopause Society
JAMAICA Jamaica Osteoporosis Society
PUERTO RICO Puerto Rican Society Of Endocrinology And Diabetology (SPED)
USA American Association of Clinical Endocrinologists • American Bone Health • American Orthopaedic Association (AOA) • California Hispanic Osteoporosis Foundation (CHOF) • International Society For Clinical Densitometry (ISCD) • National Osteoporosis Foundation (NOF) • The Paget Foundation

**MIDDLE EAST & AFRICA**

ALGERIA Algerian Society for Rheumatology
BAHRAIN Bahrain Osteoporosis Society
CONGO Congolese Osteoporosis Society
EGYPT Egyptian Osteoporosis Prevention Society

**EGYPTIAN OSTEOPOROSIS PREVENTION SOCIETY**

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Ethel S. Siris (USA)
Jan Stepan (Czech Republic)
Nikhil Tandon (India)
Christian Wüster (Germany)
Ling Xu (China)
Corporate partnerships
Committee of Corporate Advisors

IOF believes in partnerships with like-minded organizations to advance bone, muscle and joint health worldwide. The IOF Committee of Corporate Advisors (CCA) is a unique forum composed of a wide and diverse range of companies involved in the fight against osteoporosis and related diseases. Members provide valuable support to IOF’s mission.

IOF is grateful to all CCA members for their participation in 2015:

- AgNovos Healthcare
- Alexion
- Amgen
- California Prune Board
- DSM
- Fonterra
- Hologic
- Lilly
- Meda/Rottapharm
- medi
- Merck/MSD
- Nestlé
- Nestlé Health Science
- Pfizer Consumer Healthcare
- Rousselot
- Servier
- Shire
- Sunsweet
- Takeda
- UCB
- Lilly Interamerica INC (Colombia, Venezuela)
- Eli Lilly do Brasil LTD
- Farma (Colombia, Venezuela)
- Pfizer Consumer Healthcare (Mexico, Brazil)
- Pfizer (Brazil)
- Pfizer Healthcare (Cono Sur)
- Tecnofarma Peru
- Sanofi (Colombia)

Programme Partners

As CCA members, companies may also opt to partner on a wide range of programmes and support IOF’s global work towards improving bone, muscle and joint health.

IOF would like to thank all corporate partners who contributed unrestricted educational support to help enable IOF projects and programmes in 2015:

- Biopass (Colombia)
- Danone (Mexico)
- GSK (global)
- GSK (Colombia, Peru)
- Grupo Farma de Ecuador
- Eli Lilly Interamerica INC (Colombia, Venezuela)
- Eli Lilly do Brasil LTD
- Farma (Colombia, Venezuela)
- Pfizer Consumer Healthcare (Mexico, Brazil)
- Pfizer (Brazil)
- Pfizer Healthcare (Cono Sur)
- Tecnofarma Peru
- Sanofi (Colombia)
Message from the treasurer

I am pleased to report that 2015 was exceedingly productive in terms of scientific and programme output, as well as being a positive year on a financial operational level.

As an NGO, it is important that IOF makes wise and cost-conscious use of its staff and financial resources. As a result of these concerted efforts to minimize costs and maximize revenue, there was a healthy operating profit in 2015.

This was an especially good result given the difficult economic climate, and primarily, the adverse effect of currency fluctuations. Early in 2015, the Swiss National Bank released the pegged floor of the EURO against the CHF (Swiss Franc), causing a sharp rise in the CHF value. The impact was felt in losses incurred on investments and exchange losses from IOF income that is primarily generated from meeting revenues and partner support in USD and EURO currencies.

As always, we are grateful for the support of our partners within the Committee of Corporate Advisors (CCA). We were pleased to welcome several new companies to the CCA and to continue our many important initiatives with the support of both new and established partners.

From a financial perspective, the year ahead will bring increased efforts in fundraising and a focus on diversifying income sources to help maintain IOF’s growth trajectory. After the successful WCO-IOF-ESCEO Congresses in Milan (2015) and Malaga (2016), we look forward to the upcoming IOF Regionals 6th Asia-Pacific Osteoporosis Meeting in Singapore which also promises to be a scientific and financial success.

René Rizzoli
## FINANCIAL STATEMENTS
### Income statements 2015 in CHF

#### Operating Revenues

<table>
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<th>2015</th>
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<td>Science</td>
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<td>The IOF Family</td>
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<td>Regional offices</td>
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<td>Promoting Policy Change</td>
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<td>Outreach and Education</td>
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<td><strong>Total Programmes and Projects</strong></td>
<td><strong>3 857 157</strong></td>
<td><strong>3 788 159</strong></td>
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<td>Other income</td>
<td>86 031</td>
<td>39 129</td>
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</table>

**Total Operating Revenues**: 3 943 188 CHF

#### Operating Expenses

<table>
<thead>
<tr>
<th></th>
<th>2015</th>
<th>2014</th>
</tr>
</thead>
<tbody>
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<td>Science</td>
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<td>IOF Family</td>
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<tr>
<td>Multimedia</td>
<td>184 912</td>
<td>344 543</td>
</tr>
<tr>
<td><strong>Total Programmes and Projects</strong></td>
<td><strong>2 868 544</strong></td>
<td><strong>3 003 408</strong></td>
</tr>
<tr>
<td>Management and administration</td>
<td>517 567</td>
<td>546 097</td>
</tr>
<tr>
<td>Fundraising</td>
<td>345 927</td>
<td>476 385</td>
</tr>
<tr>
<td><strong>Total operating expenses</strong></td>
<td><strong>3 732 038</strong></td>
<td><strong>4 025 890</strong></td>
</tr>
</tbody>
</table>

**Operating result before depreciation**: 211 150 CHF
**Depreciation of property and equipment**: 31 758 CHF
**Operating result**: 179 392 CHF
## Financial Income and Expenditure 2015

<table>
<thead>
<tr>
<th></th>
<th>2015</th>
<th>2014</th>
</tr>
</thead>
<tbody>
<tr>
<td>Financial income</td>
<td>540 736</td>
<td>377 313</td>
</tr>
<tr>
<td>Financial expenses</td>
<td>858 190</td>
<td>264 590</td>
</tr>
<tr>
<td>Financial loss for the year</td>
<td>- 317 454</td>
<td>112 723</td>
</tr>
<tr>
<td>Operating gain / (loss) for the year</td>
<td>179 392</td>
<td>- 211 642</td>
</tr>
<tr>
<td>Total gain/(loss) for the year</td>
<td><strong>- 138 062</strong></td>
<td><strong>- 98 919</strong></td>
</tr>
</tbody>
</table>

## Balance sheet in CHF

### Assets

<table>
<thead>
<tr>
<th></th>
<th>2015</th>
<th>2014</th>
</tr>
</thead>
<tbody>
<tr>
<td>Current assets</td>
<td>3 471 838</td>
<td>3 944 669</td>
</tr>
<tr>
<td>Fixed assets</td>
<td>2 397 972</td>
<td>2 504 056</td>
</tr>
<tr>
<td><strong>Total Assets</strong></td>
<td><strong>5 869 810</strong></td>
<td><strong>6 448 725</strong></td>
</tr>
</tbody>
</table>

### Liabilities

<table>
<thead>
<tr>
<th></th>
<th>2015</th>
<th>2014</th>
</tr>
</thead>
<tbody>
<tr>
<td>Short-term liabilities</td>
<td>718 126</td>
<td>1 142 979</td>
</tr>
<tr>
<td>Long-term liabilities</td>
<td>1 433 000</td>
<td>1 449 000</td>
</tr>
<tr>
<td><strong>Total Liabilities</strong></td>
<td><strong>2 151 126</strong></td>
<td><strong>2 591 979</strong></td>
</tr>
</tbody>
</table>

### Donation Capital

<table>
<thead>
<tr>
<th></th>
<th>2015</th>
<th>2014</th>
</tr>
</thead>
<tbody>
<tr>
<td>Foundation capital</td>
<td>100 000</td>
<td>100 000</td>
</tr>
<tr>
<td>Profit brought forward</td>
<td>3 756 746</td>
<td>3 855 666</td>
</tr>
<tr>
<td>Loss for the year</td>
<td>- 138 062</td>
<td>- 98 920</td>
</tr>
<tr>
<td><strong>Closing balance</strong></td>
<td><strong>3 718 684</strong></td>
<td><strong>3 856 746</strong></td>
</tr>
</tbody>
</table>

### Total Liabilities and Donation Capital

<p>| | | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Total Liabilities and Donation Capital</strong></td>
<td><strong>5 869 810</strong></td>
<td><strong>6 448 725</strong></td>
</tr>
</tbody>
</table>
Staff and Regional Coordinators

Administration
Judy Stenmark CEO
Caroline Coolen OFFICE MANAGER & COMMITTEE OF NATIONAL SOCIETIES COORDINATOR

Communications
Charanjit Jagait COMMUNICATIONS & ADVOCACY MANAGER
Gilberto Lontro SENIOR GRAPHIC DESIGNER & MULTIMEDIA PRODUCER
Chris Aucoin GRAPHIC DESIGNER & FRONT-END WEB DEVELOPER
Laura Misteli COMMUNICATIONS EDITOR

External Relations
Mario Fetz EXTERNAL RELATIONS DIRECTOR (to july 2015)
Bénédicte Pansier SENIOR PARTNERSHIP MANAGER
Sean Taylor FUNDRAISING AND MEETINGS ASSISTANT

Science
Ageeth van Leersum-Frikkee SCIENCE ADMINISTRATOR
Fina Liu MANAGING SCIENTIFIC EDITOR
Dominique Pierroz SCIENCE MANAGER
Muriel Schneider SCIENCE PROJECT COORDINATOR

Regional Offices
ASIA-PACIFIC:
Sherman Lee REGIONAL ASSISTANT
Rhonda Ng REGIONAL COORDINATOR

LATIN AMERICA
Victoria Barrachina REGIONAL DEVELOPMENT COORDINATOR
Monica Calo REGIONAL MANAGER

MIDDLE EAST & AFRICA
Majd Zeitoun REGIONAL COORDINATOR

Finance
Caroline Muller FINANCE MANAGER
Evi Rossetti ACCOUNTS COORDINATOR

Meetings
Laurence Triouleyre MEETINGS MANAGER

Interna
Alissa Castelli
Grace Chi
Irene Lee
Geo Medolago
Julia Pan

Financial statements
For the Annual Report including complete financial statements, please refer to the website:
www.iofbonehealth.org/annual-report

Cover photo

Maria-Luisa Corbetta, aged 66, developed osteoporosis and suffered multiple fractures, likely as a result of taking corticosteroids for close to 20 years. Fortunately, she received expert care and was prescribed appropriate medication. By following her treatment regimen and maintaining a bone-healthy lifestyle, Maria Luisa is able to remain active and independent.

To read Maria-Luisa’s story, and those of the other people with osteoporosis who are quoted in this report, visit www.worldosteoporosisday.org/patient-stories

PHOTO TAKEN IN 2015 BY GILBERTO D LONTO
Be part of a global family of concerned individuals with an interest in osteoporosis and musculoskeletal diseases.

Take advantage of two individual membership options or if you manage a national osteoporosis society and are interested in partnering with IOF, read how you can join our Committee of National Societies at [www.iofbonehealth.org/become-member](http://www.iofbonehealth.org/become-member)

**Connect with us**
on our various social media platforms and help spread the word about bone health and osteoporosis prevention.

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- iofbonehealth
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